

## The Weekly Newsletter of The Church of the Good Shepherd - Wareham March 5, 2024



Good Shepherd Friends,

Lenten Blessings to you all. Today is Ash Wednesday, the first day of the season of Lent. On Ash Wednesday we gather as community to intentionally enter the Lenten time of reflection and prayer. We are reminded on Ash Wednesday that our life as we know it will one day end, and we are challenged to make good use of the time we have been given. This means slowing down and focusing our lives on what is most important, especially following the way of Jesus and building stronger relationship.

What needs to change in your life for you to be more focused on what is most important? What interferes with your being a faithful follower of Jesus? What interferes with your being a faithful and attentive friend or family member?

Since our time on this earth is limited, let us make the best of it and live fully in God's love. I pray that this season of Lent will be a blessing for you, as you reorient your life to what is most important.

Peace,

Pastor Dan

LITURGICAL MINISTRY SCHEDULE  MARCH 9, 2025	
8 AM	<b>10</b> AM
READERS:	READERS:
JOELLA CRUZ	JUDY ELLIS
	JUDY ELLIS
<b>HOSPITALITY:</b>	
MIKE ALFONSO	<b>HOSPITALITY:</b>
	JUDY GOVONI &
<b>EUCHARISTIC:</b>	RICHIE BALANCA
NATECIA ALFONSO	
	<b>EUCHARISTIC:</b>
	RICH ELLIS
	NURSERY: DAN ANNA & BECKY HANSEN

## **WEEKLY SCRIPTERS**

SUNDAY READINGS CLICK HERE

## **MONTHLY VESTRY MINUTES**

VESTRY MINUTES
CLICK HERE

- **f** ollow us on Facebook
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### A FEW NOTES & REMINDERS

- The Season of Lent begins with Ash Wednesday, which is March 5 this year. Our Ash Wednesday Services will be held at Noon & 7pm. The 7pm Service will also be held on Facebook Live. Look below for more information.
- 2. Our Good Shepherd five-week Lenten Spiritual Renewal sessions begin next week. Those who signed up for the Renewal Sessions should have received an email from Pastor Dan about your group assignments and other information about the sessions. If you signed up and did not receive an email from Pastor Dan, please let him know.
- 3. If you have parish information to pass on to the Good Shepherd community in our weekly newsletter ("Along the Way"), please submit the information to our office manager Cathi Maurice or to Pastor Dan.

**CLICK HERE FOR PARISH CALENDAR** 

# **Current Happenings**

## Ash Wednesday Services – March 5

Ash Wednesday begins the Season of Lent, which is a time of prayer, study, and reflection; to realign our live with the Way of Jesus, the Way of Love. The Eucharistic Services for Ash Wednesday, March 5, will begin at Noon and 7pm. The 7pm Service will also be held on Facebook Live (a link to the service will be sent out after the Live Service, by approximately 8pm). Please mark your calendars and plan to participate in the Ash Wednesday Service, which is an opportunity at the beginning of Lent to step out of the routines of our lives and acknowledge our need to re-center ourselves in the loving and merciful presence of God. Ashes will be distributed at both Services.

#### Lenten Spiritual Renewal Groups

The Lenten Spiritual Renewal Groups begin next week. If you signed-up to participate in one of the three renewal groups and you have not heard back from Pastor Dan with your group assignment, please reach out to him. Participants are asked to read the first two chapters of the Marcus Borg book "Convictions" before the first session.

## Prayers for Healing - Sunday, March 16

As part of our Sunday Services on March 16, there will be an opportunity for you to receive prayers for healing. These prayers for healing will be available after the sermon. Along with the healing prayers, a blessing with blessed oil will be given. All are invited to come forward to receive healing prayers, since we are all in need of various kinds of healing in our lives.

#### A Cursillo Weekend Invitation: Exploring a Deeper Relationship with Jesus

The Massachusetts Episcopal Cursillo is having their next Cursillo weekend on April 3-6 at LaSalette in Attleboro. This weekend is open to all who would like to explore a deeper relationship with Jesus. The program runs from Thursday evening to Sunday evening, there are a series of talks given by lay people and spiritual advisors, discussion on the talks, lots of singing and good food and a chance to meet some new friends. We stay at the facility for the weekend, all our meals are provided along with rooms to sleep in. We will provide transportation to and from LaSalette.

## What is the Cursillo Ministry?

- An opportunity to grow in faith and in spirituality.
- A deeper understanding of the teachings of Jesus and how we can serve Him.
- An experience of living and sharing with others in a loving and caring Christian community and realizing that this can be extended into our own environment.
- A continuing community that gives support and encouragement to help Christians carry out their Baptismal Vows

If this sounds like something you would be interested in, please see Chuck or Donna Tolley after the 10 AM Service or contact us at 508-888-9337 or <a href="mailto:com">cntolley@gmail.com</a> or <a href="mailto:com">cntolley@gmail.com</a> or <a href="mailto:com">ctolley@gmail.com</a> or <a href="mailto:com">ctolley@gmailto:com</a> or <a href="mailto:com">cto

## Why Does the Church Look So Different During Lent?

You may be wondering why so many things in the church are covered with purple cloth, why the large Paschal (Easter) Candle has been removed, and why the church is so simply decorated during Lent. These are visual reminders that we are in the Season of Lent. It is important that we not only "know" that it is Lent, but that we also experience and "feel" it. By simplifying our environment, we send subliminal messages to our hearts and minds that we are in the season of prayer and reflection; during which we are invited to focus our lives more deeply in God's Spirit and to reflect on what we are doing with the gift of our lives. In Lent we are encouraged to deepen our commitment to following The Way that leads to the fullness of life, as Jesus has shown us.

## Why the Pile of Rocks in the Church?

The pile of rocks at the entrance to the altar area of the church serves as a symbol of the burdens/anxieties/fears which distract us and keep us from living fully as God intends for us to live. Beginning the first Sunday of Lent, you are invited to write your life's burdens/anxieties/fears on the purple pieces of paper and to place the folded paper onto or between the rocks. This is a way of giving them to God and trusting that God is helping us. On Good Friday the cross will be placed into the rock pile, symbolizing the transformative power of God's Love; that with God's help, our burdens/anxieties/fears can give way to new life. On Easter Sunday and throughout the Easter Season, the rock pile will be replaced by the baptismal font and the Easter Candle, symbolic of our new life in Christ.

#### Mid-Week Eucharist

On Wednesdays at Noon, there is a celebration of the Eucharist in the church, which is open to all. This is an opportunity to gather for prayer and reflection; and be reminded of God's presence between Sundays. For those on your lunch break, the celebration of the midweek Eucharist is approximately 20 minutes. *There will be no Wednesday Eucharist on March 12 & 26.* 

#### The Next Vestry Meeting

The next meeting of the Vestry will take place on Thursday, March 13, beginning at 6:00pm. If you would like to submit possible agenda items for consideration, you can do so through Joella Cruz (Senior Warden) or Pastor Dan by March 6.

## Please Stay Home When You're Not Feeling Well

This is a reminder that if you have covid or another contagious illness, please do not come to the church. Basically, if you are not feeling well, please stay home. It is important that you stay home and rest, and it is important that we be vigilant in order not to spread viruses with one another. Remember, the 10am Sunday Service is offered on Facebook Live every Sunday, and the link to the recorded Service is sent to those on our church email list following the live Service. Stay home, rest, and participate online.

## Sunday School

Sunday School is held during the first half of our 10am Sunday Service on the 1st and 3rd Sunday of the month. The Sunday School is

located in the church meeting room, in the office area. All Sunday School volunteers have undergone CORI background checks and received training, including the Safe Church training required by the Episcopal Church for all those who work with children. Please contact Pastor Dan for more information. The registration form can be downloaded from our Good Shepherd website (www.goodshepherdwareham.org).

### The Good Shepherd Sunday Nursery

The Good Shepherd Sunday Nursery (for children through kindergarten age) is open during our 10am Sunday Services. Children are most welcome in the church, but the nursery will be available for them as well. Children can arrive at the nursery beginning at 9:50am and the nursery will close 10 minutes after the conclusion of the 10am Service. The Sunday Nursery is located on the third floor of the church, which can be accessed at the top of the church office stairwell in the back of the church building, through the door (marked Sunday Nursery). All nursery volunteers have undergone CORI background checks and received training, including the Safe Church training required by the Episcopal Church for all those who work with children. If you have questions about the nursery or would like to volunteer, please contact the church office (508-295-2840). The registration form can be downloaded from our Good Shepherd website (www.goodshepherdwareham.org). Because there will be a Children's Service on March 30, the Sunday Nursery will not be open on March 30.

## Good & Green Team: Meetings & Collection

Our monthly meetings take place on the 3<sup>rd</sup> Sunday of the month from 9-9:45am in the Church Hall. All are welcome! For more information on who we are and some "green" tips, visit the Good Shepherd web site: <a href="https://goodshepherdwareham.org/green-team/">https://goodshepherdwareham.org/green-team/</a>. Every 3rd Sunday of the month, the Good and Green Team collects 5 cent redeemable cans and bottles, and used sneakers; which help us raise money for sustainable efforts in our church. You can bring them in and leave them in the Church Hall before, between and after our Sunday Services. Thank you!

#### **Be Aware of Scammers**

Be aware of scammers who send emails or texts to church members in the name of their pastors (the fake emails are very close to the pastor's authentic email address), asking them to send gifts cards electronically to support those in need during a crisis. <u>Please do not do so</u>. I would never ask you to send electronic gift cards. If you are not certain about an email or text, please call me or email me (using my correct email) directly with your questions. **Pastor Dan** 

## **Prayer Shawl Ministry**

As a way of reaching out to those who are ill or struggling in some way, parishioners have knitted shawls to be given to those who can benefit from receiving these gifts of warmth and comfort. Pastor Dan blesses each shawl before it is given. He prays that "this mantle be a safe haven...a sacred place of security and well-being... sustaining and embracing in good times as well as difficult ones." Please contact Judy Ellis (Prayer Shawl Ministry Coordinator) or Pastor Dan if you would like a shawl for yourself or someone else. If you would like to be a part of this ministry, and join our knitting team, please be in touch with Judy Ellis (508-295-5318). There is a very basic pattern that makes a beautiful, lacey shawl. It can also be modified to make a man's lap robe. All patterns, of course, are welcomed. If needed, yarn will be provided. If you would like to support the prayer shawl ministry but do not knit or crochet, ask Judy about a way you can help.

## Prayer Request Book

In the back of the church on Sunday mornings, there is a Prayer Request Book. As you come into the church each Sunday, you are welcome to record in the Prayer Request Book the names of those who need prayers. During the prayers of the people, we pray for "all those whose names have been recorded in the Prayer Request Book."

## **Sunday Coffee Hour**

Every Sunday, following the 10am Sunday Service, coffee hour is held in the Church Hall. Coffee hour is an opportunity for us to further get to know one another and share our lives with one another. The wearing of a facemask is welcome, for those who choose to wear one. Like all other indoor church functions, if you are not feeling well, please do not participate at coffee hour.

#### **Good Shepherd Table**

Good Shepherd's Table serves a free in-person meal, which is open to the public, every Thursday at 4:30pm. Take-out meals are available from 4:30-4:45pm for those who choose not to eat indoors with others. Like all other indoor church functions, if you are not feeling well, please do not participate in the Good Shepherd Table indoor dining.

## **Pastoral Care**

If you would like yourself or someone else placed on the Good Shepherd prayer list, please contact me (Pastor Dan). The Good Shepherd prayer group prays daily for those on the prayer list. If you need or would like a pastoral visit from the priest, please let me know. My contact information can be found below and is also on the back of the weekly Sunday Service Booklet. The only way I know that you need a pastoral visit is if you let me know. You might want to keep my contact information (cell # 603-953-3659 for emergencies) somewhere handy, so you know where to find it if the need arises. Pastor Dan

#### **Contacting Pastor Dan**

You can contact me by email (pastor.dan.bernier@gmail.com), by calling the church number (508-295-2840) and leaving a message, or if it is an urgent matter by calling me through my cell phone (603-953-3659). Pastor Dan

## **WCTV Sunday Service Coverage**

WCTV, the Wareham local access channel, will now be broadcasting recordings of our Sunday Services. The recorded Services will air a week later. WCTV can be found on Comcast channel 9 and Verizon channel 30. This is a good way to share Jesus' message of love and compassion with our Wareham community, and also let people know about our Good Shepherd community.

#### Please "Like" us on Facebook

Please like us on Facebook ("Church of the Good Shepherd Wareham") so we can get the word out about what is happening in our parish community, especially about our Facebook Live Services